



The 'Friendship Bench' Project by Gentletude: An initiative dedicated to kindness and friendship kicks off in May.

Four meetings between personalities and journalists will take place in the Villa Carmine Park in Lugano. In the upcoming month of May, the non-profit Gentletude (www.gentletude.com) will launch its ambitious project, the "Friendship Bench", an initiative aimed at spreading messages of kindness and friendship in the Ticino region.

The project, spanning over a period of six months, entails an interesting program of meetings and installations, with the first stop set in the picturesque setting of Villa Carmine Park in Lugano. Throughout the period from May to October, the project will organize four meetings, each characterized by the participation of a prominent figure who will engage in dialogue with a journalist on topics related to friendship and kindness.

These meetings aim to actively involve the community, promoting reflections and constructive debates on the beauty of human relationships.

After each event, participants will have the opportunity to share a convivial moment, offered by the organization. During these occasions, experienced facilitators will encourage contact and interaction among those present, contributing to creating a welcoming and inclusive environment. Additionally, a facilitator will be present weekly to animate the bench while collateral events will be organized in collaboration with other associations in the Ticino region.

The "Friendship Bench" thus aims to be not only a physical installation in the park but also a catalyst for human connections, promoting kindness and solidarity among the citizens of Ticino.